



and  
proudly present

# "GRAND SLAM GRIM BALL" COMMUNITY SOFTBALL SKILLS CLINIC

*Learn, fine tune, & perfect your softball skills with current college players and coaches!*

## DATE & TIME:

Saturday 2/16/08  
12:00pm - 5:00pm

## LOCATION:

New England College  
Field House - Henniker, NH

## IDEAL ATTENDEES:

Girls ages 8-16  
in our surrounding  
communities  
(BNS & Beyond!)

## COST:

\$20 per player  
(*\$10 of which benefits BNS Youth Sports*)  
**EACH PLAYER RECEIVES A BALL!**

## CLINIC OUTLINE:

- Check-In & Introductions
- Full Group Warm-Up & Stretching
  - Color Team Break-Outs  
(players will be grouped into similar age/skill color teams upon arrival)
- **Dynamic station work with current college softball players and coaches:**
  - 45-minute sessions on pitching, catching, and hitting;**
  - 20-minute sessions on bunting, infield, and outfield.**
- Full Group Cool-Down

## QUESTIONS? Please call or email us!

NEC Softball Carrah Fisk Hennessey: 603.428.2213 / cfisk@nec.edu  
BNS Softball Tina Desfosses: 603.938.6059 / desfosses@mcttelecom.com

# GRAND SLAM GRIM BALL REGISTRATION

Early registration is encouraged -  
space is limited as we pledge to ensure  
individualized attention.

Name: \_\_\_\_\_  
 Grade in school: \_\_\_\_\_ Age: \_\_\_\_\_  
 Years of softball played: \_\_\_\_\_  
 Last year's team: \_\_\_\_\_  
 Parents: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_  
 State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
 Home Phone: \_\_\_\_\_  
 Emergency Phone: \_\_\_\_\_  
 Email: \_\_\_\_\_

### Medical Release:

I authorize the "Grand Slam Grim Ball" & BNSYS staff to arrange for medical examination/treatment/transportation of my child should an emergency arise while my child is attending the community softball skills clinic. It is understood that every effort will be made to contact me at the emergency number listed prior to any medical action being taken. By signing below, I waive my right to claim any liability against NEC, BNSYS, and/or GSGB staff and/or facilities.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

**WE CAN'T WAIT TO SEE YOU IN FEBRUARY!** Please enclose payment (cash/checks made out to NEC Softball) with completed registration and send to  
**Carrah Fisk Hennessey, Head Coach**  
**NEC Softball - GSGB Clinic**  
**98 Bridge Street Box 17**  
**Henniker, NH 03242**