





The mentoring program at NEC gave me the tools to succeed in school and in the real world. I loved that the program was innovative and individualized. Because of the mentoring support, I was able to improve my academics and land an amazing internship.

> – Janelle, a Criminal Justice graduate who interned in Washington, D.C.



**MENTORING U** is a high quality, fee-for-service program available to all students and families.

Our mentors are warm, engaging professionals who use a variety of academic, social, and personal development strategies to encourage, reassure, and motivate students who want the most from their college experience.

#### The program is **individually personalized** and **noticeably transformative**.





**MENTORING U** is dedicated to student success both in and outside the classroom. Students and families praise the program for its ability to promote **academic achievement**, **personal success**, and **peace of mind**.



## **Academic Achievement**

"After 25 years of working in education, what I love most about mentoring is the direct and personal impact it has on students and their families. Despite our students' initial levels of uncertainty and confidence, mentors guide and help shape the potential we see in each of them. Every day we get to witness progress in one form or another, but watching students cross the Commencement stage is the ultimate reward!"

> Kathy, mentor and alumna, pictured with AJ who majored in Social Studies



## **Personal Success**

"Adding Mentoring to my weekly schedule was honestly the best choice I have made. I've learned how to manage my time and priorities so well and my grades have improved immensely! Everyone is really friendly, helpful, and compassionate. Every mentor seems to fit so well with their mentee and it's a nice feeling knowing that you will mesh with a person that is there to help."

Brittany, Psychology major



## Peace of Mind

"The mentoring program at New England College is very well organized, has outstanding people who make it happen, and is a wonderful service for students who need additional support during their college years. For our son, it was easily one of the most crucial factors in his success. Our mentor helped him get his academic work organized, offered advice about social challenges, communicated very well with him and us, and was a calming, mature presence in his life when he really needed it."

Father of Political Science graduate

## **Personalized Attention**

Whether it's discussing study techniques or problemsolving around a specific challenge, **MENTORING U** students have access to a wide-range of expertise. Our mentors are former teachers, counselors and tutors who work with faculty, advisors, coaches, and other academic and student development specialists to provide a holistic perspective. Proactive communication and personalized attention are critical elements to **MENTORING U**.

Students are encouraged to bring coursework and share specific areas of concern or interest so that mentors can provide targeted support. Working as a team, students and mentors review short and long term assignments and create achievable paths forward. Their collaboration also focuses on key dates, deadlines, and issues relating to campus living, community involvement, social engagement, and personal wellness. As time goes on, **MENTORING U** students enhance their skills and gain confidence in their abilities in and out of the classroom.

**Mentors understand** the broad spectrum of campus dynamics, the common ups and downs of learning, and the significance of mentoring others.

## Financing MENTORING U

This high quality program is unique and not commonly offered elsewhere. Students may choose to enroll in the program by semester or for the academic year at a discounted rate. The fee covers up to three hours a week with the student's professional mentor and includes face-to-face meetings, cross-campus coordination, and communication with faculty, staff, and families.

**MENTORING U** may be included in tuition payment plans and covered by financial aid. For information on pricing, please contact the Director of Mentoring at 603.428.2314.

## The Work of Mentoring

- Organization
- Time Management
- Study Skills, Textbook Reading, Note Taking
- Test Preparation & Test Taking
- Setting and Evaluating Goals
- Critical Thinking Skills
- Identifying Strengths and Interests
- Prioritization and Decision-Making Strategies
- Meeting Academic Timelines
- Effective Communication
- Self-Advocacy
- Enhancing Major and Career Connections
- Internship and Graduate School Readiness







# Having a mentor who could discuss all facets of our son's first year experience – academic, social, emotional – was extremely helpful.



### **Benefits to Mentoring**

- Higher Educational Aspirations
- Better Academic Performance
- Healthier Lifestyle Choices
- Stronger Relationships with Parents, Teachers, and Peers
- Enhanced Self-Esteem and Self-Confidence
- Peace of Mind for Families



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## Enrollment

**MENTORING U** is a popular first-come, first-served program that fills up quickly. A completed enrollment form confirms a student's space. Once enrolled, students and families provide valuable information and feedback to guide our customized approach. Letters of recommendation or test scores are not required.

- Mother of History major

## **Contact Us**

The team at **MENTORING U** is eager to answer any questions. Should you wish to meet our mentors or speak with the program's director, please call 603.428.2314 or email mentoringu@nec.edu. If you're working with an Admission Counselor, they can also enroll you in the program and answer questions at 800.521.7642 or admission@nec.edu.

New England College is a distinguished liberal arts college renowned for providing hands-on, high quality learning experiences. Roughly 1,000 undergraduate and 375 graduate students on campus, and 1,400 students online represent a culturally diverse community from 29 states and 19 countries. Each student receives dedicated attention with a 13:1 student to faculty ratio. Located in the beautiful four-season town of Henniker, New Hampshire, New England College offers a rich variety of accredited undergraduate, graduate, and doctorate programs. Visit **nec.edu** for more information.

