

## Internship Learning Contract: MS Mental Health Counseling

Student Name:	Date:
Proposed Internship Site:	
Address:	
Supervisor:	Degree:
State Certification/License:	
E-mail:	Phone:
Student Liability Insurance:	

Rational for internship which demonstrates the professional development value for the student:

Academic and experiential objectives:

Goals & Evaluation Method: (Please keep these categories and individualize to your placement):

Formal performance evaluation will occur at the conclusion of each term and at the conclusion of the internship placement. Evaluation will consider the following general areas of professional operations, and specific intern goals within each area: Clinical Assessment and Treatment - The intern will become proficient at assessment, prevention, individual short-term therapy and referral processes.

- 1. Theory and Practice the intern will develop & demonstrate a working knowledge of generally accepted theories, with emphasis on solution focused, strength-based and family systems techniques.
- 2. Program Planning and Evaluation traditional techniques and those created to confront individual issues.
- 3. Record Keeping and Documentation-information will be performed and a timely manner and clearly documents so that it may be passed on to another mental health professional, satisfy agency, credentialing, ethical and clinical criteria.
- 4. Ethical and Professional Values the intern must show respect and dignity for clients, their families, and the choices they make, providing confidentiality, autonomy, and beneficence. The intern will learn and practice standard ethical interventions as supported with supervision.
- 5. Personal Development evolving into a confident and proficient mental health counselor, respecting and listening to others, understanding that in order to help others the intern must be grounded, actively engage in self-care, continually striving for sound mental, physical, and spiritual health, and presenting himself as available and assessable to those in need.
- 6. Professional Orientation & Identity the intern will demonstrate understanding of core aspects of professional counseling, including history & philosophy, professional role & responsibilities, team membership, advocacy for clients and the profession, an awareness of social & institutional barriers that impede access, equity & success for clients, professional credentialing.

Continuing formal and informal supervision will occur between the intern, the onsite supervisor, clinical and administrative staff at (host site), the Internship Seminar Instructor and NEC Program Director. Clear and open communication will occur on an ongoing and as needed basis, at a minimum of one hour per week individually with site supervisor, and regular contact with the seminar instructor and graduate class.

Outline of the procedures for the internship including a description of the student's duties and responsibilities, including a description of direct service contact, group and individual that details the nature and frequency of both, the role of internship supervisor, the length of time and number of hours the student will be engaged at the internship (weekly):

Date
Date
Date

98 Bridge Street | Henniker, NH 03242 | 603.428.2252

Student

Date