

**BACK IN THE SADDLE EQUINE THERAPY (BITS)
WEARE, NH**

Site Supervisor: Pauline Meridien

Contact: 746-4374
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Hours Student Needed: 8a-10a, 5p-7p M-F Horse Therapy/Barn work
After 2pm MWF Client Work

Purpose: Therapeutic horse riding and care is used at BITS to treat a variety of conditions that can affect a person's physical, mental, and emotional well-being. BITS is a member of the North American Riding for the Handicapped Association, and works to positively affect the lives of children and adults through riding and horse-care.

Motivation/Skills/Interests Required: Students working at BITS should have a knowledge or love of horses and be willing to do routine barn maintenance. Experience is not necessary. There is also a position for a person with computer skills to help with the web site, data-entry and other office help within the program. NEC students taking this service position should have an interest in working with children and adults with special needs.

Position Description:

Positions Available

- Support special needs children and adults during equine therapy.
- Clean and muck barns, perform other additional maintenance work.
- Provide adult perspective and support.
- Perform data entry, web-site construction and maintenance.
- Learn about the business of non-profits.

Supervision: NEC students will be supervised by a site supervisor and trainer.

Benefits to Student:

- Gain skills in teaching and in understanding the learning process with special needs students of various ages
- Gain understanding of equine therapy as it relates to those with mental/psychological challenges.
- Gain skills in communicating with professionals on the subjects of mental health therapy.
- Gain understanding of working website management and maintenance.

Directions: From the Simon Center, go toward Weare on Bridge Street (away from town). Approx 3-4 miles down, after the Henniker Junction, take a left onto River Road. This will turn into College Hill Rd. You're looking for #332, on the right. There will be a driveway with rows of trees on either side, and a small covered bridge- go through the bridge. The barn is at the end.