



# PARENT & FAMILY NEWSLETTER

April 2024



*Eclipse 2024*



## Commencement Information

<https://www.nec.edu/commencement>

Saturday, May 18, 2024, at 10:00 a.m.

The Simon Green

98 Bridge Street, Henniker, NH 03242



# **ResLife Important Information**

**We hope your student had an enjoyable Spring Break and has returned to campus ready for the final stretch of this academic year. April is an exciting time of year in Residential Life and Housing as we begin the 24-25 Housing Selection process and put the final touches on a variety of exciting programs and events happening in these last few weeks of the semester. Please take note of the following upcoming important dates for your student:**

**Late-April: 2024-2025 Housing and Meal Plan Assignment official letters sent to students' NEC emails.**

**Friday, May 10th: Deadline to sign up for Summer Housing. The cost is \$1,500 for each 7-week term. There is no meal plan service available during the summer term.**

**Thursday, May 16th @ 7PM: Residence Halls close for all students, except for graduating seniors and approved summer housing residents.**

**Sunday, August 25th: Returning Student Move-In for Fall 2024 semester. RAs, Peer Leaders, Diversity Ambassadors, and Fall Athletes should consult their supervisor or coach for their fall move-in information.**

# Writing and Academic Support Center

## Tips for the Final Stretch

We're in the final weeks of the semester—that's right; by the time you're reading this, we have just a handful of weeks left. Spring might finally be approaching (after winter decided it wasn't quite over with us!), and while it's tempting to ease up and itch for summer, we want students to finish strong. Here are a few tips for helping your student get through the next few weeks and head into summer.

### Assess:

Now's the time to take stock of where everything stands at this moment in time in order to plan for improvement or continued success. Questions to consider asking:

- How is the semester going at this point?
- Have you checked your midsemester grades?
- How do you feel about your progress and achievement at this point? Are you where you want to be? If no, what's standing in the way?
- How is your current plan of study progressing? Do you check Degree Works to see the progress you're making toward your degree and note what's missing?
- Do you need to plan to take any summer term courses?

### Plan:

Once students have a sense of the current situation (see above!), now's the time to think about charting out the remaining six weeks. Consider these questions:

- What upcoming assignments do you have in each of your classes?
- Which of those assignments are “big” assignments and/or weighted heavily?
- Are there any supports you need to put into place between now and the end of the semester—for example, a meeting with your professor(s)? Tutoring sessions with WASC? Study groups?
- Are you all set for next semester's courses? Summer term?

### Implement:

Now that they've figured out where they are and what's needed over the remaining weeks, it's time to put the plans into action! Now is the time for students to:

- Schedule tutoring sessions for final papers or exams
- Set up meetings with professors
- Make use of professors' office hours
- Set up a schedule for completing remaining assignments
- Do the best they can!

### Evaluate:

As the weeks tick by, take some time to check in with your student. As the end of the semester nears, students may start to feel overwhelmed and/or restless. Remind them they're nearly there—and there's a community of professionals ready and able to help them every step of the way!



# Politics of the Civil Rights Immersion Trip

Our Associate Professor of Politics, Nathan R. Shrader, PhD, took his class on a "Politics of the Civil Rights Movement" trip over Spring Break. They enjoyed exploring Memphis, TN, Mississippi in Clarksdale, Tutwiler, Parchman, Drew, Cleveland, and Indianola. They had a crash course in civil rights politics with civil rights leader Charles McLaurin; SNCC coordinator, Fannie Lou Hamer friend and Campaign Manager. They also took a trip to the Mississippi State Capitol and laid flowers at the gravesite of Fannie Lou and Pap Hamer.





# Scotland Immersion Trip

Assistant Professor of History, Dr. Craig Gallagher, and Associate Professor of Education, Dr. Jessica Morris took ten students to Edinburgh, Scotland for an immersion trip.

## Highlighted Activities and Visits Included:

HolyRood House: The King's official residence in Edinburgh and the home of Scottish royal history; The National Museum of Scotland; The Capital Theatre to see the musical Hamilton; Edinburgh Castle; An underground ghost story tour event.

## Students also presented at the University of Edinburgh: The Power of Storytelling in Educational Settings

This session brought together students and faculty from New England College and Moray House School of Education and Sport at the University of Edinburgh, to explore the role of storytelling in intercultural communications and the implications for educational practice and policy in national and international contexts. Students shared their understanding and experiences of the role of storytelling in the following areas: Cultural dialogue, intercultural competence, transformational learning, inclusiveness in teaching and learning and respect for cultural differences





# Criminal Justice DC Immersion Trip



This is a group photo taken at the Prince William County Virginia Police Department. Shown in the photo are the CJ Seniors on the trip, NEC CJ faculty along with Chief Peter Newsham. The visit included the seniors being addressed by Chief Newsham, and having several presentations by officers from specialized units, including the Gang Unit and also the Drone Unit. Afterwards, the seniors were given a tour of the Central Division headquarters. During the week as well, CJ seniors were able to have ride alongs with Prince William County officers.



This is a photo of students and faculty at the DC Metro Harbor Patrol Unit. The unit patrols the Potomac River and oversees the numerous marinas located in the District of Columbia. The Harbor Patrol Unit has a fleet of approximately 20 vessels, which range from jet skis to airboats. Students were able to go out with officers into the Potomac aboard several of the vessels.

This is a photo of students and faculty at the DC Metropolitan Training Academy with DC Metro Officer Anthony Gramieri and his K-9 'Miko'. Officer Gramieri is a 2011 NEC graduate who participated in the DC trip in his senior year at NEC.





# PILGRIM SHOP

20 MAIN ST, HENNIKER, NH



603 428 2220

[NEC.EDU/PILGRIMSHOP](http://NEC.EDU/PILGRIMSHOP)

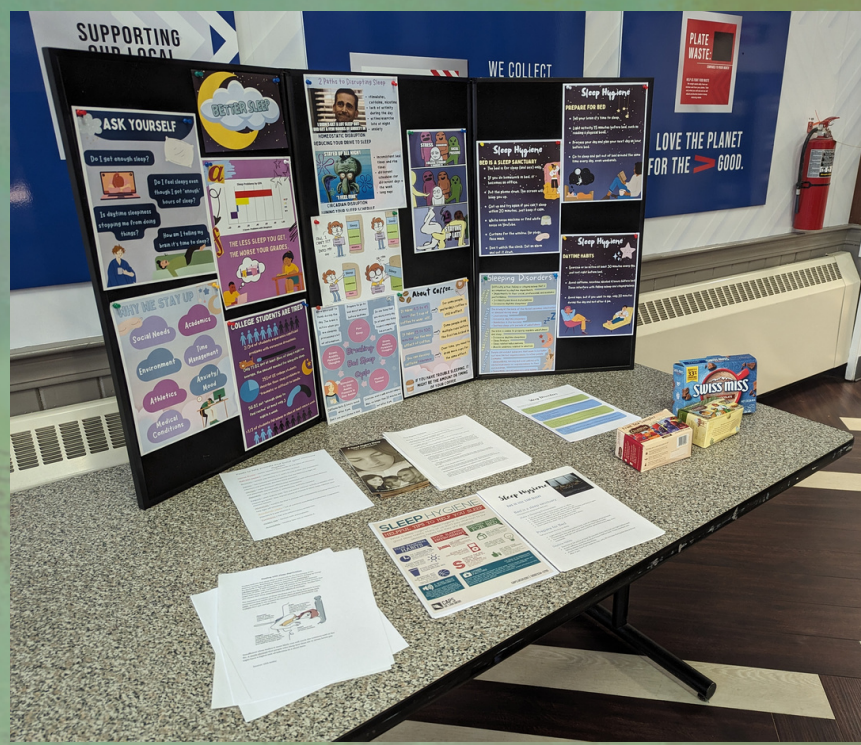
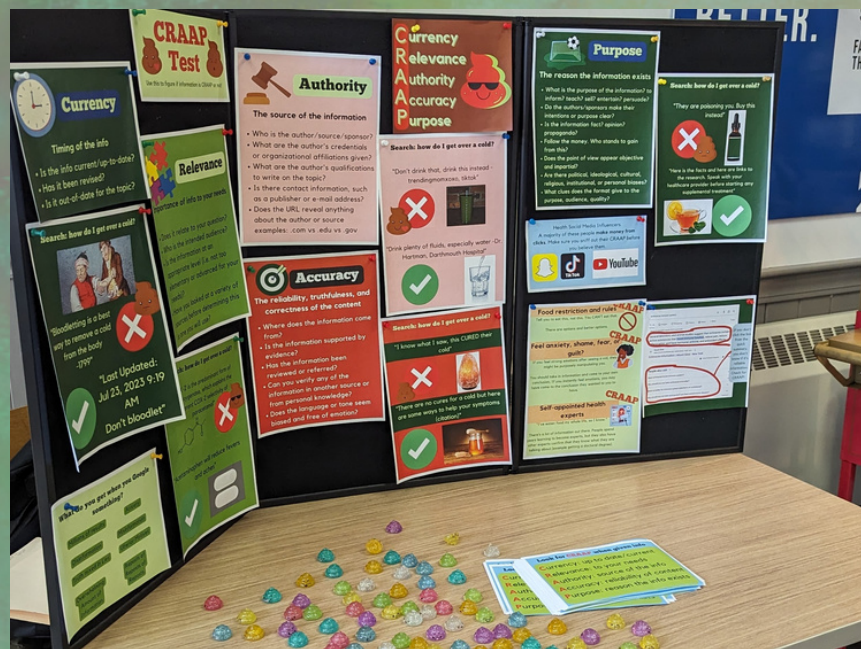


# News from the Wellness Center

The Wellness Center runs weekly health promotion events for the students. These events aim to help students make informed decisions regarding their health and wellbeing.

This last month we explored 3 topics

- **Ducks in a Row:** The rubber ducks were a visual reminder for students to prepare for a safe Spring Break, especially regarding alcohol and partying.
- **Sleep Hygiene:** college students notoriously lack sleep. These tips set up people for a successful rest. We enjoyed hot, decaffeinated tea and cocoa.
- **CRAAP Test:** this researched tool helps people critically think about information they see and decide whether the information is reliable.



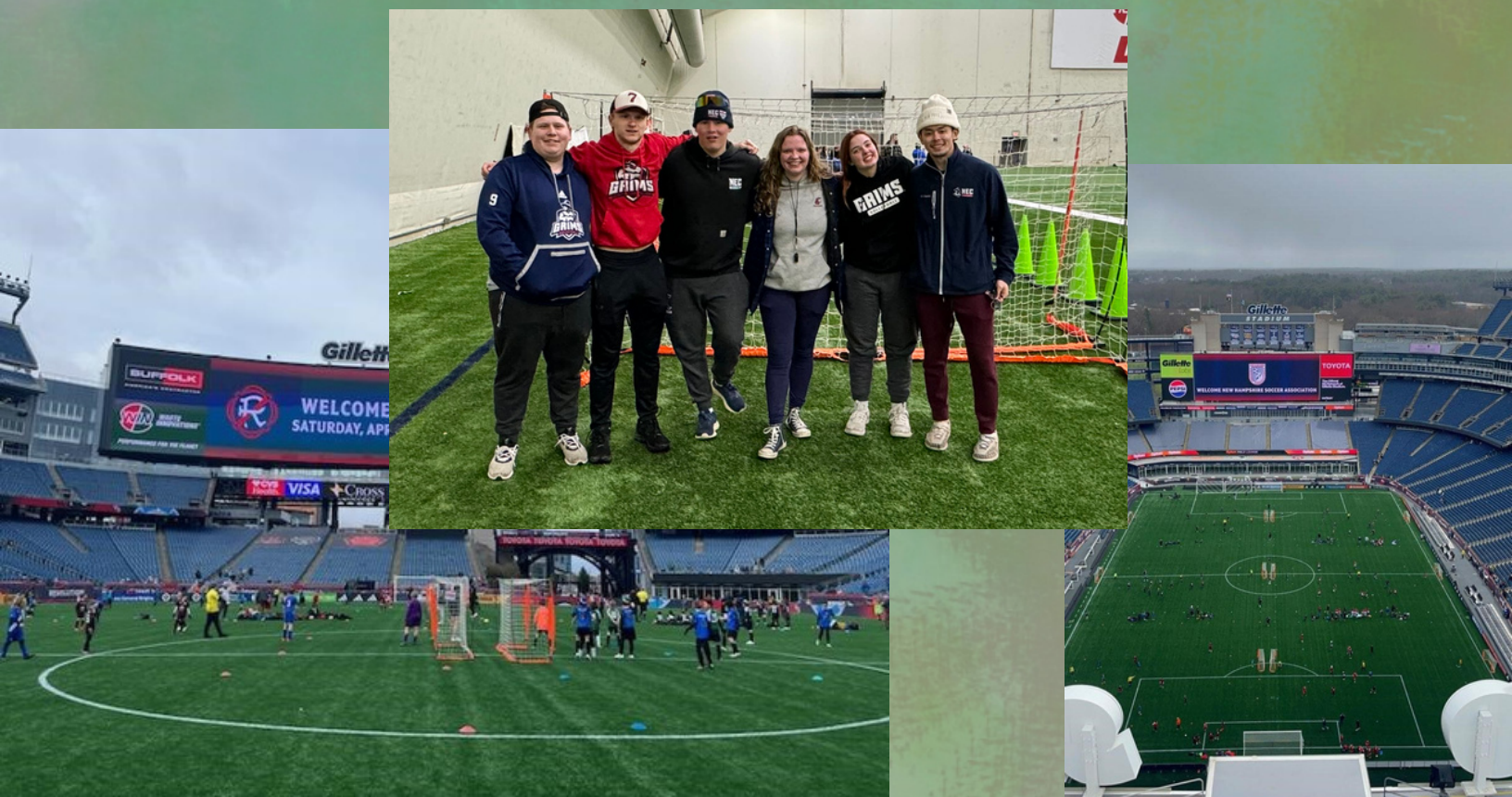


# A Message from Mentoring Program

At the half-way point in the semester, the workload increases in many classes: papers, projects, and presentations—oh, my! Procrastination is the bane of a college student's existence. Just as with the end of fall semester, encourage your student to utilize campus resources (Wellness, Writing and Academic Support Center, Academic Advising, Peer Success Coaches, Mentoring), and plan ahead as much as possible. Breaking assignments into manageable parts can reduce overwhelm. Agendas and To Do Lists (via apps or paper) may seem “old school”, but they can be effective tools for organization and time management. Communication with professors is a key element for academic success. Encourage your student to meet with their professor(s) during office hours for additional help, and answers to questions. Seniors are no doubt counting the days until Commencement, but now is not the time to become complacent. You're almost there, and a lot can happen in these remaining weeks. That diploma you've been working so hard for, is within your grasp. You got this!

## Sports and Recreation facilitate New England Youth Soccer Event

On Saturday, April 6th, some members of the NEC Sports and Rec Club took a trip down to Gillette Stadium to help facilitate a New England Youth Soccer event held inside of the stadium. The trip included a tour of the new lighthouse, the offices of the New England Revolution Staff, and tickets to the game vs Charlotte F.C.





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20 MAIN ST, HENNIKER, NH



603 428 2220  
[NEC.EDU/PILGRIMSHOP](http://NEC.EDU/PILGRIMSHOP)



# Diversity and Inclusion Newsletter

April 8th 2024





# Afro Beat and the Arts Coloring Event



EVERYONE IS INVITED!

COFFEEHOUSE  
MARCH 13  
@ 7:30 - 9:00 PM



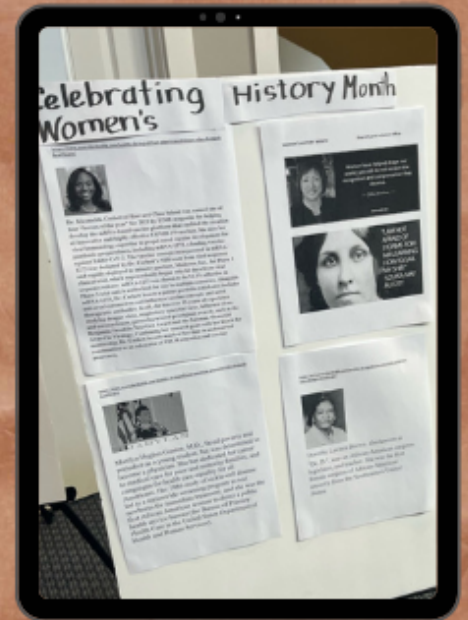
**CULTURAL SHARING  
THROUGH THE ARTS**



# MARCH'S EVENTS HOSTED BY THE OFFICE OF DIVERSITY AND INCLUSION

HAPPY  
*Women's*  
HISTORY  
MONTH

Women's  
achievements  
were  
celebrated  
throughout the  
month of  
March



Diversity and  
Inclusion Podcast  
Students Sharing  
their cultural  
Heritages

## SISTERHOOD

A group that meets weekly to support each other. They have a weekly project to provide resources for women on campus



# Upcoming Events

The following are upcoming events hosted by the Office of Diversity and Inclusion

- **HOLI FESTIVAL**
- **MULTICULTURAL FESTIVAL/  
ARTS AND CULTURE  
PRESENTATIONS**
- **WEEKLY AMBASSADOR  
SUPPORT PROGRAM AND  
BI-WEEKLY AMBASSADOR  
TRAINING PROGRAM**
- **DAY OF SILENCE**
- **LGBTQIA+ PROM**
- **ODI DAY**





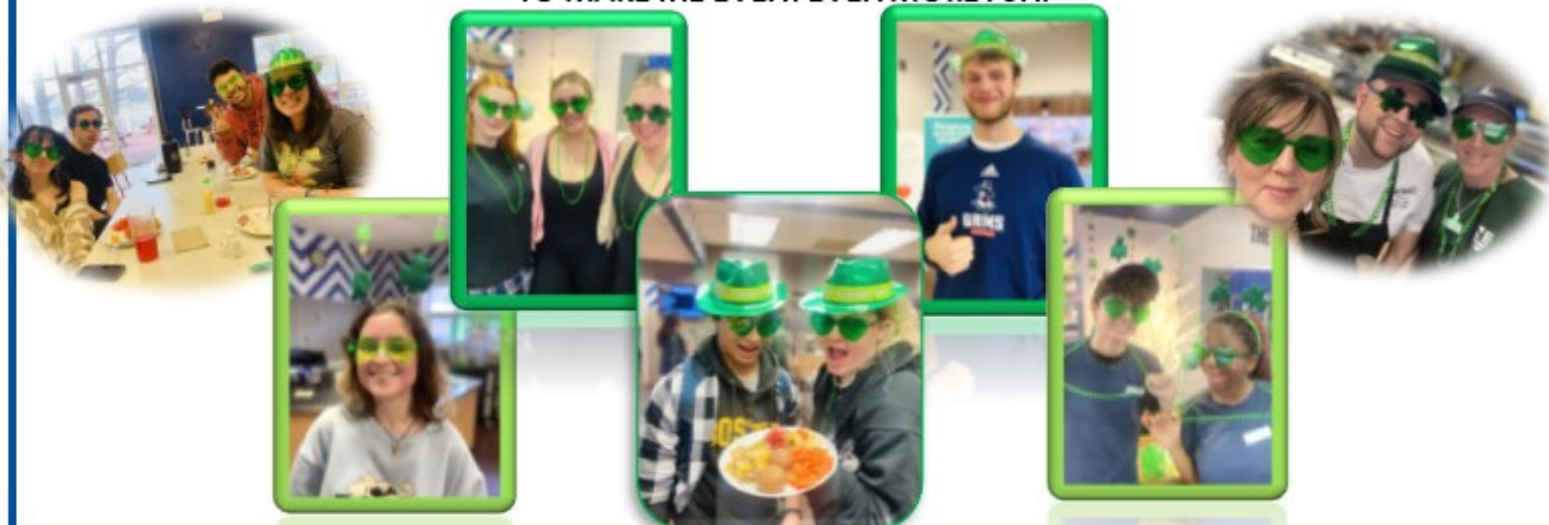
# MARCH HIGHLIGHTS

## CRUNCH LAB WITH GENERAL MILLS

IT WAS GREAT FUN PROVIDING STUDENTS WITH CREATIVE AND CUSTOMIZABLE SNACKING OPTIONS WITH GENERAL MILLS FOR SOME CEREAL MADNESS.



EVERYONE WAS IRISH FOR OUR ST. PATTY'S DAY DINNER EVENT. CORNED BEEF, CABBAGE, POTATOES AND LEPRECHAUN WATER WAS ON THE MENU AND IT WAS DELICIOUS! WE GAVE OUT HATS, GLASSES AND BEADS TO MAKE THE EVENT EVEN MORE FUN!





# NEC DINING NEWSLETTER

## SOCIAL HOUSE @ GILMORE

### THOUGHT•FUL

Join us for fun,  
food, and  
self-care!

DON'T MISS THIS EVENT!

- GOOD FOR YOU, GOOD FOR THE PLANET!
- FRESH FARMERS TABLE
- MAKE LUNCH FOR AGE
- IMAGINE THERAPY DOG VISIT
- TRY AFRICAN DRUMMING & DANCE
- SEAN CASH & THE BEATLES
- HYDRATE & SMILE STATION
- MAKE TIME FOR MOVEMENT - AMP BOYS
- USA HOOP, JUBILEE RINGS
- GOVERNANCE



April 11th | 11-2pm  
Social House

dineoncampus.com/nec

JOY•FUL

Chartwells



Social House | April 17th | Lunch

dineoncampus.com/nec



Text...  
2 CHAT

WE ARE HERE  
FOR YOU

Text Us  
850-999-5648

For feedback, questions and  
comments about your dining  
experience.

dineoncampus.com/nec

dineoncampus.com/nec

### DIY MINI HERB GARDEN

Social house | April 18th | 11:30-1:30pm



Follow us @necbodie

dineoncampus.com/nec

## SIMON GRILL & BOOST SPECIALS

### Cinnamon Churro FRENCH TOAST STICKS

7.49



Glow Up your meal with a breakfast  
dessert side and chocolate syrup!

dineoncampus.com/nec

### NASHVILLE HOT CHICKEN TENDERS

AVAILABLE EXCLUSIVELY ON BOOST



Served with  
fries and a  
20 oz beverage at  
Simon Grill

11.99

Get the app  
Boost Ordering  
BYRON OFFICE

dineoncampus.com/nec



Kickstart  
the Morning

Add a juice to your  
yogurt for a better breakfast.

\$4.75



DOWN TO  
EARTH

Impossible  
burger topped with  
avocado, sautéed  
onions and tomato on  
a brioche bun. Served  
with a side of fries and  
water or soda.

9.95

dineoncampus.com/nec

## NEC DINING INFO

We offer a "We Proudly Serve" Starbucks location on campus in the Lyons Center. Order ahead with BOOST mobile app. Now serving pizza.



FEELING LUCKY? RELOAD...

The Foodie Fix

2. LOAD OR ADD FLEX CASH  
YOUR STUDENT ID AND  
EN A 25% BONUS TODAY!

15 Flex Cash / \$25 BONUS  
Flex Cash / \$15 BONUS  
Flex Cash / \$10 BONUS

Purchase online at:  
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Take advantage of this bonus offer and add Flex/Pilgrim \$'s to your student account. Fast, easy & tax-free. Visit dineoncampus.com/nec