



# PARENT & FAMILY NEWSLETTER

March 2025

Happy almost spring. We are halfway through the spring semester. There is a lot of information in this newsletter about upcoming processes on campus. Fall course selection is the week following spring break, housing selection is approaching right after break and mid-term grades will be posted during break. Cap and Gown orders are due this week too! Offices remain open during the break, so it is a perfect time for students with a little extra time to reach out and get connected with services.

## NEC TAKES OVER THE PEAK





# ResLife Important Information



**Residence Halls will be closed for the upcoming Spring Break between 7PM on Friday, March 7th and 8AM on Sunday, March 16th.**

**Spring Break is a great time to begin the conversation with your student about plans for finishing out the spring semester strong and thinking ahead to summer and the Fall 2025 terms.**

**After Spring Break, students can expect to participate in Housing Selection for the 2025-2026 academic year between March 28th and April 8th for on-campus housing. As a reminder for families, NEC has a three-year on-campus residency requirement, which means that all undergraduate students are required to live on campus for their first 3 years (or six semesters) unless they meet one or more of the established eligibility criteria. We highly recommend all students confirm their eligibility before signing any lease off campus! If your student has questions about housing selection, they can email us at [ResLife@nec.edu](mailto:ResLife@nec.edu) stop by Simon 312. Students should check their NEC email for more information about housing selection as they received an email at the end of February with more details.**



# Updates from SFS

## Important Student Loan Information for Graduating Seniors

Seniors who have borrowed federal student loans must complete the mandatory online student loan exit counseling at [studentloans.gov](https://studentloans.gov) before graduation. This counseling will provide important details on loan repayment options, money management tips, and what to expect in terms of loan payments.

To assist students, two in-person sessions will be held to guide them through the online counseling process and answer any questions about loan repayment. These sessions will take place at the Simon Center SHIP on Wednesday, March 26, and Tuesday, April 2, from 3:00 to 4:30 p.m.

## It's Scholarship Season!

Now that the 2025-2026 FAFSA forms have been filed, it's time to start exploring and applying for scholarship opportunities for the upcoming school year. To get help, have your student go to the SFS Office, or jump on their open zoom every Thursday 3-5pm.

There is still time to renew the FAFSA to apply for financial aid for the next academic year. Submit the 2025-2026 Free Application for Federal Student Aid (FAFSA) at [studentaid.gov](https://studentaid.gov). To meet with a NEC financial aid counselor, a Zoom or phone appointment may be scheduled through your Navigate app or by emailing [sfs@nec.edu](mailto:sfs@nec.edu).



## \$1,000 College Survey Scholarship

Take a short survey on your college and be entered for a chance to win \$1,000. Your review will help others find a college that's right for them.

[\\$1,000 College Survey Scholarship - Niche](#)

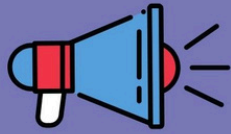




# Course Registration for Fall 2025

## TIP TUESDAY!

### Registration Edition



01

Meet with your faculty advisor to come up with a plan for courses. Be sure to have back up courses just in case.

02

Have your CRNs written down and ready to go!



03

Know your registration time for when your registration opens

04

Charge your laptop or mobile device before registration



Hello NEC Community,

We are quickly approaching the second half of the Spring Semester! We would like to remind students to continue to monitor their NEC email and Blackboard accounts daily and to utilize their resources on campus. This can be a busy time, so being proactive and making a plan for the remainder of the semester is incredibly important!

As a reminder, **registration for the Fall 2025 Semester (Fall-2025-Tentative-Course-Schedule) will begin Wednesday, March 19, 2025.** Students are provided information including course schedules and their registration time. Monitoring NEC email will also be beneficial for this as well!

As always, we are available for any questions or concerns by emailing [advising2@nec.edu](mailto:advising2@nec.edu).

Thank you,  
Academic Advising

05

Log into your MyNEC ahead of time to look for any holds.



# Writing and Academic Support Center

## Managing Midterms

With the semester now in full swing, students often feel the intensity ramping up. Midterms are upon us and with that comes the potential for hyperfocusing and losing yourself in the work you need to do. Let me be clear: working hard and studying for your midterms is commendable and should be done, but one risks the potential for burnout if they do not periodically stop to check in on themselves. This month, The Writing and Academic Support Center here at NEC would like to provide some tips on managing yourself as we approach midterm week.

### I) Stay on top of basic needs

When we get overwhelmed, caring for our basic needs can sometimes fall by the wayside. But making sure you stick to a consistent schedule of eating, sleeping, and exercising will help keep your energy and mood consistent.

### II) Creating a road map

With classes all having different deadlines and assignments, there can be a lot of juggling of not just energy but also our time. Before you begin your day or your work, many find it helpful to create a roadmap or checklist of what they need to get done. Seeing everything laid out on a list helps organize your plan of action as you can begin to determine which tasks will need more time and what order you may want to take them on given their various deadlines.

### III) Reward yourself!

It is important to acknowledge wins both big and small during a stressful time. Rewarding yourself periodically can help make sure you are taking the proper study breaks and maintaining your motivation during a stressful time.

## About Us

At the NEC Writing and Academic Support Center, our primary objective is to facilitate academic success while encouraging students to become independent learners. The Writing and Academic Support Center is staffed by professional and peer tutors who work with students on a variety of academic skills and who work closely with faculty and staff to encourage students to excel in their academic goals. We provide general tutoring, writing coaching, and general skills to enhance your time management skills, study techniques, goal setting, and testing strategies. Students may schedule appointments at the writing center via the Navigate app, by emailing [wasc@nec.edu](mailto:wasc@nec.edu), or by stopping by the second floor of the second library!





# **CAPS & GOWNS ORDER TODAY!**



**DEADLINE - MARCH 09, 2025**  
**[BUILDAGRAD.COM/NEC](https://www.buildagrads.com/nec)**

For more information on the 2025 New England College Commencement Ceremony, please visit [nec.edu/commencement](https://www.nec.edu/commencement)

## **Commencement Information**

<https://www.nec.edu/commencement>

**Saturday, May 3, 2025, at 10:00 a.m.**

**The Simon Green**

**98 Bridge Street, Henniker, NH 03242**



# A Message from Mentoring Program

Spring Semester is finally living up to its name with sunshine-filled days, and milder temperatures. The first seven weeks are nearly at an end with students trying to stay focused while looking forward to Spring Break! Fall Semester (and Summer terms) course registration will be held March 19th. Talk with your student about their plans for courses and remind them to meet with their faculty advisor. This is an important connection for your student as they proceed in their degree program.

Encourage your student to reflect on the first half of the semester. Are there "tweaks" that they could make in the second half to improve their writing skills, test preparation, and/or time management? Several academic support services on campus are ready to help: Academic Mentors, Professional and peer tutors, Peer Success Coaches, and Academic Advisors. Students shouldn't hesitate to utilize these valuable resources. Enjoy the two-week break with your son or daughter as they recharge to return with renewed enthusiasm to finish the remaining weeks of the semester!

## Education Updates

### Experiential Learning in Action!



Our undergraduate student teacher, Nick is making an impact at Hillsboro-Deering Middle School as he completes his culminating fieldwork placement for his K-8 Social Studies license! Through hands-on teaching and immersive classroom experiences, he's gaining the skills needed to engage and inspire the next generation of learners.



# PILGRIM SHOP

20 MAIN ST, HENNIKER, NH



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NEC.EDU/PILGRIMSHOP