

## Basic Exam Wrapper

This activity is designed to help each individual student learn to use post exam self-reflection as a method of assessing the effectiveness of your test preparation study strategies. Be honest with your responses. The results of this exercise will help you identify how and what you study and provide a baseline for future test preparation.

What was your grade for the exam? \_\_\_\_\_ Are you satisfied with it? \_\_\_\_\_

How many days before the exam did you start studying? \_\_\_\_\_

Were you prepared for this type (essay, multiple choice, True-False, etc.) of exam? \_\_\_\_\_

1. Approximately how much time did you spend preparing for this exam?

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2. How much of your test preparation time was spent in each of the following activities?

- a. Reading assigned textbook or handouts for the first time \_\_\_\_\_
- b. Rereading assigned materials and your notes \_\_\_\_\_
- c. Researching test topics online \_\_\_\_\_
- d. Studying with others in your class \_\_\_\_\_
- e. Did you use visualization, mind-mapping techniques, mnemonics, etc.? \_\_\_\_\_

After reviewing your returned exam estimate the percentage for each of the following reasons:

- \_\_\_\_\_ Careless Mistakes
- \_\_\_\_\_ Unfamiliar with terms or vocabulary
- \_\_\_\_\_ Knowing facts
- \_\_\_\_\_ Understanding concepts
- \_\_\_\_\_ Being able to explain or apply concepts in new concepts
- \_\_\_\_\_ Making connections between concepts and facts
- \_\_\_\_\_ Other reasons

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Compare your exam score with study strategies. What could you do to improve your next test grade?

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List three or more things you could do to improve (for example increase time spent studying). Would you try any new strategies?

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